



Market Livestock Buyer “Thank You” Procedure Following the Sale

Don't forget to thank your buyers. The success of the Livestock Sale depends on the kindness of community businesses and individuals, and it's important that all our 4-H members thank them for their generosity. You can pick up your photo for your buyer's thank you at the Extension Office on TUESDAY, SEPT. 16th. Once a member delivers a “thank you” photo/gift to their buyer, they must return the confirmation form to the Extension Office by **December 1, 2016**.

Club Treasury Reports were Due to the Extension Office Oct. 31st ~ did your club get theirs submitted?

If your group has a 4-H checking or savings account, you **MUST** complete a club treasury report for the IRS.

All Year-end Financial Summary reports must be filled out **completely** and accurately to be in compliance with MSU Internal Audit and IRS regulations. Please verify the EIN #, and make sure required signatures (directions on form) are complete. Reports that are not complete will be returned to you. If you have questions about something on the report, please call or e-mail and ask us.

This is a very important document that must be completed, signed by your treasurer and two other individuals by two different families, then turned-in to the Extension office by **October 28th**.

Project Interviews

4-H Projects



Once you've completed your record books for the 2015-2016 4-H year, and your leader has signed-off on your work, you are eligible and encouraged to take part in *Project Interviews*. Interviews are given by 4-H volunteer leaders who are excited to hear about your projects highlights and accomplishments.

Pick-up the one-page *Project Interview* application in the office or print it off the website at www.flathead.mt.gov/extension. Applications due **Wednesday, November 2nd** to the Extension Office. Interviews will be held in the Country Kitchen on the Fairgrounds on Wednesday, November 9th from 3:30





CONGRATULATIONS TO ALL OUR 2016 4-H STATE HORSE SHOW WINNERS!!

Showmanship, Yearling at Halter
Gabriella Johnson - 5th place

Yearling Trail
Gabriella Johnson - 7th place

Junior Bareback Equitation - 8-10yrs
Quindy Gronley - 2nd place

Short Stirrup Horsemanship Lv 2-3
Cheyanne Johnston - 3rd place
Chloe Erb - 4th place
Cassidy Norick - 7th place

2Year Old C2M/Green Horse Lv 1, Western
Brandon Paine - 3rd place

Sr. Western Equitation - Ages 14 and Over
Chloe Erb - 2nd place

Jr. Western Equitation - 8-10yrs
Quindy Gronley - 1st place
Zoe Guffin - 7th place

Western Equitation, Walk/Trot, Lv. 1
Clarissa Erb - 5th place

Western Horsemanship - Lv. 5
Cortnee Anello - 2nd place

Western Horsemanship-Lv. 4
Gabriella Johnson - 7th place

Western Horsemanship-Lv. 2
Zoe Guffin - 6th place

Western Horsemanship - Lv. 1
Clarissa Erb - 2nd place

Senior Trail-14 and Over
Chloe Erb - 8th place

Poles-14 and Over
Cortnee Anello - 8th place

Hunter Hack-13 and Under
Gabriella Johnson - 2nd place

Intermediate English Equitation 11-13yrsyrs
Gabriella Johnson - 8th place

Jr. English Equitation-8-10
Zoe Guffin - 3rd place

English Horsemanship Lv. 4
Cortnee Anello - 6th place

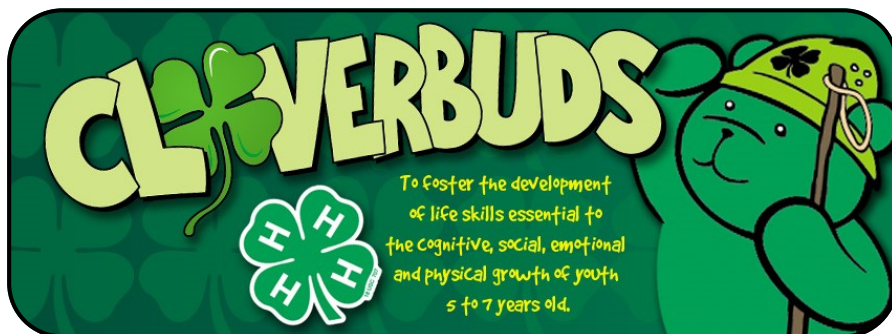
English Horsemanship Lv. 3
Gabriella Johnson - 6th place

English Horsemanship Lv. 2
Zoe Guffin - 7th place



ATTENTION 4-H LEADERS!!

The Cloverbuds are in need of a new Cloverbud leader/organizer. If any 4-H Leader is interested in helping out with the Cloverbuds please contact the Extension office. Your help is greatly appreciated!!





4-H Shooting Sports

Learn by Doing

ALL Flathead 4-H Shooters

Shooting Sports enrollment will be held on Oct. 29th and Nov. 5th from noon—4 pm at the 4-H Building on the fairgrounds.

ALL SHOOTERS - new & returning ~~~ there will be a 2016-2017 shooting sports orientation meeting on **Nov. 21st at 7pm in the Expo Building on the fairgrounds.** All members should plan to attend in order to receive updated information regarding the new shooting year.

Shooting Range set up is Tuesday, Nov. 22nd. The first night of shooting will be on Monday, November 28th. **No one will be allowed to shoot unless all their paperwork has been completed.**

There will be no shooting on Thanksgiving.

Please call Kristi Davis if you have any questions: 253-4303
(davisgka@gmail.com)



Beef Tagging & Weigh-in

The 4-H beef weigh-in & tagging will be on Saturday, December 3rd from 10:00-12:00 at the Fairgrounds.

Ideas for 4-H Club Meetings

Use these ideas creatively and expand them to make your 4-H meetings interesting and exciting.

November Business

- Study how to conduct club meetings
- Plan a Thanksgiving party
- Plan a “get-acquainted” party for new members and their parents
- Appoint holiday committee and plan community service activities
- Plan to explain to local organizations what the club is doing
- Plan a special occasion to honor parents
- Discuss making a “recreational kit” for the club
- Discuss plans for the club achievement banquet or program
- Discuss 4-H record books

Demonstrations or Talks

- Safety on the internet
- Good manners pay dividends
- Proper lighting of our homes
- My most enjoyable hunting or fishing experience
- Bicycle safety program
- Wood science activities
- Art projects
- What I learned by making an exhibit for the county fair
- How to keep healthy

Other Education

- Volunteer leader – Lead a group “hands-on project”
- Guest speaker (parent) – “Favorite Hobby”

Social-Recreational

- New games
- Folk games
- Harvest supper
- Parents’ night
- Taffy pull
- Thanksgiving party

December Business

- Discuss club programs
- Secretary reports on club accomplishments during the year
- Plan some recognition for 4-H leaders and others assisting in 4-H work
- Plan photography exhibit
- Discuss 4-H record books and scholarships

Demonstrations or Talks

- Using electricity wisely
- Repairing an appliance cord
- Adopt-A-Grandparent
- Writing a 4-H story
- How to make introductions
- Making Christmas ornaments

Other Education

- Speaker from Red Cross or other community group

Social-Recreational

- Caroling
- Hobby show
- Box supper

January Business

- Discuss plans for the club program
- Plan ways to finance club activities
- Outline how clubs can help with community projects
- Plan a Valentine party
- Discuss how to get more parents interested in club work

Demonstrations or Talks

- Geology talk
- How to construct a firebreak
- How to press wool
- Gun safety
- Feeding birds in winter months
- The history of our country
- Clothing decisions

Other Education

- Speaker – “Building Character”

Social-Recreational

- Knot-tying contest
- Storytelling
- Games and songs
- Videotape
- Story of Martin Luther King

February Business

- Discuss improving 4-H projects
- Plan a club health program
- Discuss ways of “pepping up” 4-H club work
- Plan a St. Patrick’s Day program
- Plan a club share-the-fun contest
- How to keep 4-H records

Demonstrations or Talks

- First-aid kit for garden insect control
- How to select colors to fit you
- Plant foods – soil science
- Youth opportunities in Arkansas
- Fire! The enemy of the forest
- The story of our community or club

Other Education

- Program given by county Extension agent or other educational specialist

Social-Recreational

- Puzzles
- Pancake supper
- Popcorn popping
- Treasure hunt
- Stories of Washington and Lincoln
- Inside game tournament
- Pie supper

December Business

Market Livestock Project

To participate in the NWMT Fair market sale, Market Livestock project members must comply with the following:



- Be **enrolled and in good standing** in an active community 4-H Club and be working closely with a livestock leader. This means that you have complied with all club and county expectations and that you have paid all registration fees.
- Submit a signed copy of the **Market Livestock Commitment** form to your club leader by the deadline listed.
- Participate in **Species Seminars** in your first year of taking the market animal. **Livestock Quality Assurance (LQA)** training will also be included in those seminars. All members will attend LQA during their first registered year as a Junior member in the livestock project and again during their first registered year as a Senior member. (Jr. members = 8-12; Sr. members = 13-18). All members are welcome to attend seminars as often as they'd like; however, it is mandatory to attend in your first year selling that species.
- Ensure that your animal is **weighed & tagged** as dictated by the program. Each 4-H member **may tag up to two** animals in each market livestock project. Tagging paperwork must be completed & turned-in to the Extension office by the deadline posted. **Last day to replace livestock:** steers - Jan. 31; hogs - May 31; lambs - June 30. On your tagging paperwork, you will need to declare the tag number of your primary and your secondary animal if you have a back-up. Once you declare, you are committed to that/those animals: *siblings cannot swap primary or secondary livestock*.
- In July, complete & turn-in a signed copy of **Commitment to Excellence/Drug Withdrawal** forms (*this is a two-sided form*) to your club/livestock leader. You also need to have **updated records** for your market livestock project(s) and one other project for your club/livestock leader to review. **Be sure to keep records on your primary AND your back-up.**
- On or before Aug. 1, **register your fair projects with the fair office** by completing fair paperwork; online (go to www.nwmtfair.com for registration info). Your leader does NOT do this for you.
- You may bring **only 1** hog or 1 sheep or 1 steer to the fair. If you have a primary & a back-up, you can choose which one you're bringing on the morning of check-in. * **See annual NWMT Fair book for all fair rules & expectations**
- All market animals will be weighed on Monday of the fair. Bring \$35 to pay for the livestock sale. No one is allowed behind the barriers during weigh-in except for the 4-H member whose animal is being weighed. If your animal does not make weight, you can stay at the fair and participate in showmanship and feeder market classes, but you cannot sell.
- If you sold in the market, photos of you and your animal will be made ready for you to take to your buyer after fair. The **buyer's thank you form** needs to also be taken and signed by anyone at the buyers location. This form must be returned to the Extension office by Dec 1.
- **Annual Awards Ceremony** will take place at the end of Aug/beg of Sept. Be sure to attend this ceremony so you can be recognized for all your hard work and support others who are being recognized. Afterwards, be sure to thank all sponsors of awards that you received.
- September is the last month of the 4-H year. During that time you should have your records and bookwork for all **4-H projects complete and submitted to your club leader.**

Horse Project



To participate in the 4-H Horse project, members must comply with the following:

- Have an updated **Horse Card** on file; by June 1. If you've changed horses or projects, please update your horse card. **Last day** to make changes to your horse project is June 1.
- Have a signed **Horse Project Release** Form and a **Horse Helmet Policy & Acknowledgement** Form on file. Watch *Every Time, Every Ride Video* once as a Junior member and once as a Senior member.
- **Assessments:** Each horsemanship manual has level assessments included in them. Review these with your certified horse leader (all horse members must have a certified horse leader that they're working with) and turn-in assessments when you're ready to move to the next level. Members will compete in the level they are working in; ex: if assessed out of level 2, the member will compete in level 3. Assessments due by June 1st.
- **Clinics:** Members must attend at least one 4-H horse clinic a year. Approximately 5-6 clinics will be offered every year. Dates & subjects of clinics will be announced throughout the year. Last opportunity to obtain a clinic will be June 1.

4-H Horse Clinics

4-H Packing Clinics at Whitefish Equestrian Center (555 Twin Bridges Rd, Whitefish, MT)

Sunday, January 22
Sunday, February 19
Sunday, March 12
Sunday, April 23
Sunday, May 21



2017 Montana 4-H Citizenship Seminar and Legislative Breakfast

The Citizenship Seminar is being held in conjunction with the Montana Legislative Breakfast this year. The application deadline is **November 1, 2016**.

The Montana 4-H Citizenship Seminar and the Legislative Breakfast will take place **January 15-17, 2017** in Helena at the Radisson Colonial Hotel. If you want to attend both you must register for both. You must register through 4-H Online. For more information go to www.flathead.mt.gov/extension/downloadads.



Challenge!!— We are asking each member to donate \$20.17 to the Flathead 4-H Foundation for the Centennial. This is an excellent way to support the 4-H program and celebrate 100 years of 4-H in Flathead County!

FOODS FAIR PLANNING MEETING

Needs to be organized, with a representative from your club to attend this meeting.



Foods Fair
will take
place on
January
21st at the
Kalispell
Center Mall

**NOW you can Enroll in 4-H
Online!!**

**Go to <https://mt.4honlie.com>
to re-enroll or to enroll a
new family. Instructions are
found at [flathead.mt.gov/
extension/downloads](http://flathead.mt.gov/extension/downloads). Pay-
ments must still be made to
the Extension Office before
enrollment can be ap-
proved. Some forms will
still be needed in the Extension office.**



GIFT WRAPPING AT MUDOCH'S

During the holiday season, many clubs participate in gift wrapping at Murdoch's as a fundraiser. If your club would like to take part, please call Chris Scott at 261-9454 to reserve your club's spot.



ATTENTION SENIOR 4-H MEMBERS!!!



Youth members needed as Foundation Board Members, come attend a Foundation board meeting to see if you are interested in serving on the board.



HEY! Flathead 4-H Council... What's NEW with you?

During the Sept. 22nd Flathead 4-H Council Meeting, the following was discussed and determined:



4-H Council

- Eight out of twenty clubs were represented and presented their club reports. A treasurer's report, secretary, AG/livestock committee, horse committee, sheep committee, dog committee, camp committee, and shooting sports, and Foundation all presented reports.
- Our county will be hosting a 2017 Youth & Leader Livestock/Horse Forum on March 24-26 at the Red Lion Hotel in Kalispell. The forum is geared toward youth and the council is asking for workshop ideas.
- Foods Fair dates were discussed.
- A motion was made to have council meetings during the 4-H of 2016-2017 the 4th Thursday of every odd month with an addition of August and except November and revisit annually. Motion carried.
- We are in need of a Cloverbud leader, Nancy Roberts is unable to continue.
- Motion to have project interviews on November 9, motion carried.

The council is an open forum for any 4-H members or adults to attend. **Each club has two voting delegates.** When considering the ideal make-up of the voting body of our 4-H Council, it is recommended that each club send at least one voting youth and one voting adult representative to act on behalf of the club; however, if that isn't possible each club will still have two votes per club.

See you on Nov. 21st at 5:45 in the 4-H Building on the Fairgrounds.

HEY! Flathead 4-H Foundation... What's NEW?



Hi Everyone!

On Tuesday, Oct. 25th the Flathead 4-H Foundation met and the following was discussed/determined:

- Treasurer's report was provided. The 4-H Committees all provided reports.
- There was discussion on the donation letters that went out last there, there was a 3% return on donation from the letters that went out last year.
- Changes in the by-laws reflect term limits of one, two, and three year terms.
- "Luck of the Irish" raffle kick-off is a fundraiser for the Loon Lake camp.
- There is open board positions and contributing members are needed.
- A check was received from the MT 4-H Council from the State Shooting Sports Raffle and the Foundation decided that it goes to the Shooting Sports club.
- It was discussed that there is a need for a fundraising committee.

The next 4-H Foundation meeting is scheduled for **Nov. 22nd at 5:30** in the Extension office conference room.



Upcoming 4-H Meetings and Special Events



Forums, Committees & Councils

- **4-H Horse Committee:** *Thursday, Dec. 8 at 5:45 pm.*
- **4-H Ag Committee:** *Thursday, Dec. 1 at 5:45pm in the 4-H Building on the Fairgrounds.*
- **4-H Council:** *Monday Nov 21 at 5:45pm in the 4-H Building on the Fairgrounds.*
- **4-H Foundation:** *Tuesday, Nov 22 at 5:30pm in the Extension office conference room.*

Upcoming Activities & Other Meetings

- ◇ **4-H Shooting Sports Orientation:** *November 21*
- ◇ **Citizenship Seminar App. Due:** *November 1*
- ◇ **Project Interview App. Due:** *November 2*
- ◇ **Buyer's Thank You Forms Due:** *December 1*
- ◇ See the body of the Newsletter for the rest of the dates and times of Activities and Meetings.

REMINDER

Dee goes to lunch every day from 1-2pm, so many times the Extension office doors are locked during that time.

She also has occasional meetings for the county. If you need special accommodations or a guaranteed meeting with someone, please feel free to call ahead and make an appointment.

758-5553



Dear Flathead 4-H members, leaders & families:

The Flathead County MSU Extension Office will be **closed Nov. 8th, Nov. 11th, and Nov. 24th-25th** for Election day, Veteran's day, and the Thanksgiving Holiday. Because we are short staffed we may be periodically closed for meetings or to run errands. If you need personal attention please call for an appointment. Please leave paperwork in basket or leave in mailbox on front of building for confidential information.

Thank you,

Patricia McGlynn
Montana State University
Agriculture Extension Agent
pmcglynn@flathead.mt.gov
Phone: 406-758-5554

Dee Dryden-Cooper
Administrative Assistant
MSU Extension, Flathead County
ddrydencooper@flathead.mt.gov
(406) 758-5553 phone





SNAP Education



MSU Extension Service – Flathead County

Patricia McGlynn

Agriculture, Natural Resource & Community
Development Extension Agent

Temporally Vacant

4-H & Youth Development Agent

Dee Dryden-Cooper

Support Staff

Nancy Roberts

SNAP Educator

Address:

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Kalispell, MT 59901

Phone: (406) 758-5553

Fax: (406) 758-5881

Email: extension@flathead.mt.gov

Web: <http://flathead.mt.gov/extension>

State Web Sites:

www.msuextension.org

www.montana4h.org

Baked Ziti with Sausage

Prep: 30 mins Cook: 30 mins Ready in 1 hour

Ingredients:

1 (16oz) pkg. dry ziti pasta
1 lb. mild Italian sausage
1 (15oz) container of ricotta cheese
1 (8oz) package Italian cheese blend
1 large yellow onion, minced
1 tsp dried basil (optional)
2 tsp. minced garlic
½ tsp salt
1 tsp dried oregano

½ tsp ground black pepper
1 ½ jars spaghetti sauce, divided



Directions:

Preheat oven to 350 F. Grease a
9 x 13" pan.

Fill a large pot with lightly salted water and bring to a boil over high heat. Once the water is boiling, stir in the ziti, and return to a boil. Cook the pasta uncovered, stirring occasionally, until the pasta has cooked through, but is still firm to the bite, about 8 minutes. Drain well in a colander set in the sink.

While pasta is cooking, heat a large skillet over medium heat. Add the sausage, and cook and stir until brown, about 10 minutes. Drain sausage and set aside.

Stir together the ricotta, egg, onion, garlic, and oregano in a large bowl until well combined. Stir in the drained pasta, salt, pepper and 1/2 jar of the spaghetti sauce; mix well.

In the prepared baking dish, cover the bottom with 1/3 jar of spaghetti sauce. Layer half of the pasta mixture, 1/3 jar of spaghetti sauce, and ½ of the shredded cheese. Then layer the remaining ½ of the pasta, 1/3 of the sauce and ½ of the cheese. Sprinkle with basil. Cover the dish tightly with foil.

Bake in the preheated oven until heated through, about 20 minutes. Uncover, return to the oven and bake until cheese is melted, 5 to 10 minutes more. Enjoy!!

Supplemental Nutrition Assistance Program Education enables young families, single recipients and seniors to learn how to best use their food stamp dollars in providing healthy nutrition for themselves and their families. Adults can sign up for a 6 week course that is fun and provide the basic concepts of good nutrition. The only requirements to join in the classes are: that a person is receiving WIC assistance; either receiving food stamps or are eligible to receive them; or are getting commodity foods. Please call Nancy at the Flathead County Extension office at 758-2448 to sign-up for classes.

The U.S. Department of Agriculture (USDA), Montana State University and the Montana State University Extension prohibit discrimination in all of their programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital and family status. Issued in furtherance of cooperative extension work in agriculture and home economics, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Jeff Bader, Director of Extension, Montana State University, Bozeman, MT 59717